# NSS Unit A Report on Gandhi Jayanthi Celebrations

**Date**: 2<sup>nd</sup> Oct 2021

Venue: Gandhi Bhavan

No. of participants: 22 (Boys: 15; Girls: 7)

<u>Objective</u>: To celebrate and learn more about Gandhiji & his contribution towards the Indian Freedom Struggle.

NSS Unit of the college organised Gandhi Jayanthi celebration on 02/10/2021 at Gandhi bhavan with an objective to celebrate and learn more about Gandhiji & his contribution towards the Indian Freedom Struggle. The Celebrations of Gandhi Jayanthi was carried out with a galore of Enthusiasm and Patriotism for his immense contribution in bringing Independence to our nation in a Non – Violent way.

His teachings of life that inculcates precious values, was also a common point in all the speeches of that day. The event began with the offering of flowers (Pushpanjali) by the Hon. Chief Minister, Shri Basavaraj Bommai and other ministers and dignitaries present on the occasion.

All the invitees and speakers spoke about Gandhian philosophies and his ideals. The Hon.CM in his address, informed the audience that Gandhi Bhavan has been established in each district across the state which would undoubtedly help in spreading the message of Gandhi to youth. He also mentioned that these Bhavans stand as a point of inspiration for the current lot of youth in the state as well as the nation.

The event concluded with the singing of National Anthem before which all the volunteers and participants of this program were educated and were aware of made aware of many Gandhian Tatvas. All the participants were given the certificates of participation.

Outcome: The volunteers and participants of this program were enlightened about Gandhian Thoughts. They pledged to follow the principles of Gandhi in their personal life. All the participants were given the certificates of participation.





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Signed by:

Dr. B.S. Srikanta

Principal

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# NSS Unit A Report on Blood Donation

Date: 7th Oct 2021

**<u>Venue</u>**: Jayadeva Institute of Cardiology, Bengaluru

No. of Participants: 02 (Boys: 2)

Objective: General Blood Donation and specially to donate blood to a poor girl undergoing a major operation at Jayadeva Institute of Cardiology.

Blood Donation camp was organised in our college by NCC Unit to donate blood specially to a poor girl undergoing a major operation at Jayadeva Institute of Cardiology. She was undergoing a major operation at Jayadeva Institute of Cardiology, and this blood donation helped her to recover. Two donors donated blood save the life of to young girl. Mohammed Yaseen and Raju both studying I year BCA agreed to donate blood.

Each participant who donated blood, received a Blood Donation Certificate and was appreciated by the Institution.

<u>Outcome:</u> Empathizing the plight of poor girl in need of blood. Each participant who donated blood received a Blood Donation Certificate and was



## SINDHI COLLEGE 33/2B, KEMPAPURA HEBBAL BANGALORE-560024

# NSS Unit A Report on Blood Donation

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<u>Objective</u>: General Blood Donation and specially to donate blood to a poor girl undergoing a major operation at Jayadeva Institute of Cardiology.

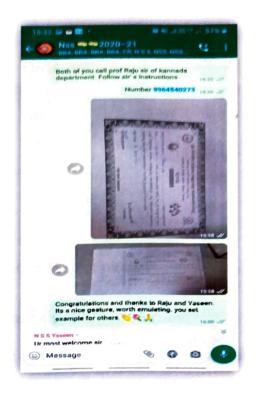
College NSS Unit was approached for blood to save the life of a young poor girl undergoing Open heart surgery. The same was communicated to the volunteers in the group. Mohammed Yaseen and Raju both studying I year BCA agreed to donate blood.

This Blood Donation session was held as for a noble cause for helping a young girl who was in need of blood. She was undergoing a major operation back then, at Jayadeva Institute of Cardiology, to which this session of blood donation aided helpfully well.

The parents of the girl expressed gratitude to the volunteers for their good service. Programme Officer, Principal and other staff members appreciated the gesture of the donors.

**Putcome:** Each participant who donated blood received a Blood Donation Certificate and was





Prepared by:

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### **NSS Unit**

#### A Report on Swacha Bharath Abhiyan programme

**Date:** 22<sup>nd</sup> Oct 2021

Venue: Palace Grounds, Guttahalli

No. of Participants: 47 (Boys: 16; Girls: 31)

Objective: To spread awareness among people in the community about cleanliness and hygiene.

To inculcate the habit of keeping the environment clean.

On the account of 75<sup>th</sup> year of Independence - AZADI KA AMRIT MAHOTSAV, the NSS volunteers undertook the task of site cleaning at Palace grounds, Bengaluru, to spread awareness about Hygiene and cleanliness amongst the public. Several prominent people including the area corporator and the MLA of the constituency attended the programme. 47 students actively participated in the programme

On receiving the invitation from the Bengaluru City University, College NSS Unit deployed 47 volunteers to take part in the programme.

The event was jointly organized by Government of Karnataka, Nehru Yuva Kendra, Department of Sports and Youth Empowerment, Sate NSS Cell, Bengaluru Urban District Administration and Bengaluru City University to commemorate 75<sup>th</sup> year of Independence – "AZADI KA AMRIT MAHOTSAV".

The NSS volunteers undertook the task of site cleaning at Palace grounds, Bengaluru, to

spread the awareness about Hygiene and Cleanliness amongst the public. The program was inaugurated by the Hon'ble Chief Minister Sri. Basavaraj Bommai. Other guests and speakers were the representatives of various organizations including the area corporator and the MLA of the Constituency.

Outcome: Volunteers understood the sense of responsibility of keeping one's surrounding clean. The harmful effects of unhygienic living can be tackled only by keeping the environment



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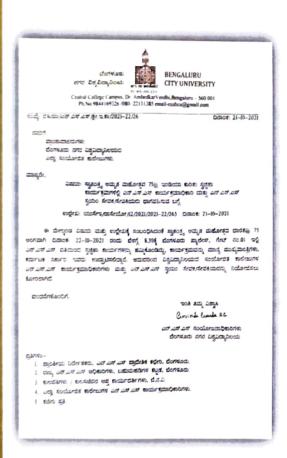
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clean.

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Signed by:

Dr. B.S. Srikanta Principal

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## NSS Unit A Report on visit to N.A.A.C Office

**Date**: 10<sup>th</sup> Nov 2021

**Venue**: Nagarabhavi

No. of Participants: 30 (Boys: 19; Girls: 11)

Objective: To know about the latest happening in the Indian Education system.

On 10<sup>th</sup> November 2021, 30 NSS Volunteers visited NAAC Office located at Nagarbhavi to learn about the New Education Policy 2020. The advisors at NAAC gave a detailed presentation on some of the highlights of the policy. There was also a briefing about the same topic by the former Chief Minister of Karnataka, Shri. B. S. Yediyurappa. The participants were enlightened about the policy.

Outcome: By the end of this session, all the participants were more aware about the changes in education field and were able to interpret the message of the speakers.



### SINDHI COLLEGE

33/2B, KEMPAPURA HEBBAL BANGALORE-560024

## NSS Unit A Report on visit to N.A.A.C Office

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Venue: Nagarabhavi

No. of Participants: 30 (Boys: 19; Girls: 11)

Objective: To know about the latest happening in the Indian Education system.

The NSS volunteers assembled at the NAAC office as per the information received from Dr. B.S.Srikanta got to learn many informative matters about education policies and upgrading systems in the field of Education. There was also a briefing about the same topic by the former Chief Minister of Karnataka, Shri. B. S. Yediyurappa, was also present on this occasion.

<u>Outcome</u>: By the end of this session, all the participants were more aware about the changes in education field and were able to interpret the message of the speakers.



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### NSS Unit

#### Paying Homage to Gen. Bipin Rawat

**Date:** 11<sup>th</sup> Dec 2021

Venue: Sindhi College

No. of Participants: 20 NSS volunteers& other students of the college.

Objective: To pay Homage to the nation's 1st CDS, Gen. Bipin Rawat.

On 11th Dec 2021, 20 NSS volunteers & other students of the college paid homage in the remembrance of India's first ever Chief of Defense Staff, Gen. Bipin Rawat - PVSM, AVSM, UVSM, PSM, VSM, YSM, SM. The entire college observed mourning, including the.

Management Members of Sindhi College, who paid tributes to the late Defense Personnel by offering flowers. The CDS and a few other army men succumbed to an unfortunate Helicopter accident near the regions of Coimbatore.

Several candles were lit by the Dignitaries, NSS volunteers and others, as a mark of respect to the departed soul. The event concluded after all the Teaching &Non-Teaching staff too paid their homage. The hearts of everyone was filled with a deep sense of patriotism and respect.

Chairman of the College Management Committee Sri. Prakash R. Narang, Hon. Treasurer. Sri. Navin K. Nichani, Hon. Jt. Secretary Sri Suraj Chawla, Former Hon. Secretary Sri Avinash Kukkreja, Director Dr. B.S.Srikanta, Principal Prof. N.Asha, Associate NCC officer Lt.Shankar B.P, NSS Programme Officer Prof. M.A. Vaidyesh, NCC cadets, NSS Volunteers, staff members and students were present on the occasion. Silent prayers were offered to mark the tribute to the bereaved soul and great son of the land.

Outcome: The event concluded after all the Teaching &Non-Teaching staff too paid their homage, filled with a deep sense of patriotism and respect in everyone present at the venue.



### INDHI COLLEG

33/2B, KEMPAPURA HEBBAL BANGALORE-5

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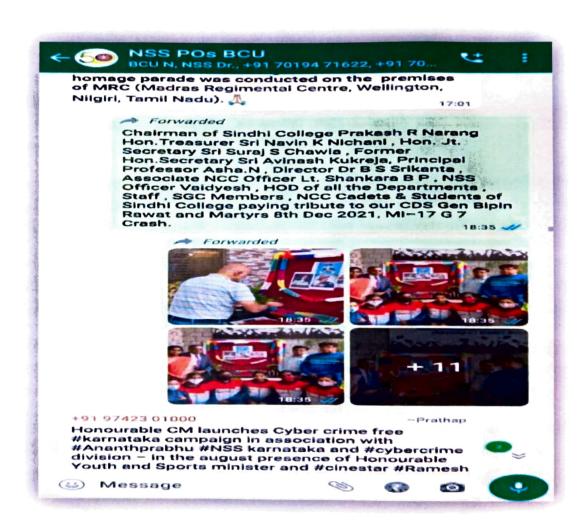
In remembrance of India's first ever Chief of Defense Staff, Gen. Bipin Rawat - PVSM, AVSM, UVSM, PSM, VSM, YSM, SM, and the entire college observed mourning, including the Hon. Management Members of Sindhi College, who paid tributes to the late Defense Personnel by offering flowers.

The CDS and a few other army men succumbed to an unfortunate Helicopter accident near Coimbatore and Willington of Tamil Nadu. Several candles were lit by the Dignitaries, NSS volunteers and others in front of the late General's garlanded Photo frame.

Chairman of the College Management Committee Sri. Prakash R. Narang, Hon. Treasurer. Sri. Navin K. Nichani, Hon. Jt. Secretary Sri Suraj Chawla, Former Hon. Secretary Sri Avinash Kukkreja, Director Dr. B.S.Srikanta, Principal Prof. N.Asha, Associate NCC officer Lt.Shankar B.P, NSS Programme Officer Prof. M.A. Vaidyesh, NCC cadets, NSS Volunteers, staff members and students were present on the occasion. Silent prayers were offered to mark the tribute to the bereaved soul and great son of the land.

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Prepared by:

Signed by:

Prof. Vaidyesh M A.

Programme officer

NSS Programme Officer

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Dr. B.\$. Srikanta

Principal

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## NSS Unit A Report on SSSAK Survey Camp

Date: 26th Dec 2021

Venue: Bhumenahalli

No. of Participants: 11 (Boys: 7; Girls: 4)

#### Objective:

- To carry out a survey to assess the no. of SSSAK health card holders in the village of Bhumenahalli.
- To render the service to the less privileged
- To do follow up of those who availed medical services through SSSAK.

The NSS Department along with 5 staff members of the College organised SSSAK Survey camp to carry out a survey to assess the number of SSSAK-health card holders in the village of Bhumenahalli, on 26th Dec 2021.

The volunteers were guided and instructed concerning the procedure of data collection from the villagers. The volunteers were instructed to make a brief note in the data sheets given to them, regarding the health conditions, financial status and a few more aspects of the village families.

The volunteers were expected to make sure that every house belonging to the village would get a SSSAK health card. The card provides access to cheap/free medical services assisted by SSSAK. The volunteers successfully completed the targeted number of houses on that day's survey.

In addition to this, the volunteers got an opportunity to experience of living in a village. They also had exposure to many health problems faced by the villagers due to lack of modern medical facilities and accessible connectivity

Outcome: This survey done by SSSAK, in collaboration with the NSS wing of Sindhi College has helped the villagers to access medical services at a very minimal or also for free of cost.



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33/2B, KEMPAPURA HEBBAL BANGALORE-560024

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#### Objective:

- To carry out a survey to assess the no. of SSSAK health card holders in the village of Bhumenahalli.
- To render the service to the less privileged
- To do follow up of those who availed medical services through SSSAK.

The journey of all the volunteers along with 5 trust members of SSSAK started from the College Premises at 7:30 am on the morning of 26<sup>th</sup> Dec 2021. After reaching the destination, the volunteers were guided and instructed concerning the procedure of data collection from the villagers. The volunteers were instructed to make a brief note in the data sheets given to them, regarding the health conditions, financial status and a few more aspects of the village families. The volunteers were expected to make sure that every house belonging to the village would get an SSSAK health card as for being able to access the cheap/free medical services assisted by SSSAK.

The volunteers successfully completed the targeted number of houses on that day's survey and in addition to this; the volunteers also got to experience and know about the consequences of living in remote villages. They also had exposure to many of the health problems faced by the villagers due to the lack of modern medical facilities and accessible connectivity.

<u>Outcome</u>: This survey done by SSSAK, in collaboration with the NSS wing of Sindhi College has helped the villagers to access medical services at a very minimal or also for free of cost.



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## NSS Unit A Report on National Youth festival – Online Program

**Date:** 12<sup>th</sup> Jan 2022.

Venue: Online medium (My Gov App).

Participants: All the enrolled NSS Volunteers, Sindhi College.

**Objective:** To participate in the National Youth Festival through online medium.

This time the National Youth festival was observed in a different manner to commemorate the birth day of Swami Vivekanada.

All the enrolled NSS volunteers took part in this online program actively. This program aimed at providing the necessary information through various workshops regarding Govt jobs and other skill training activities are accessible to the youth of the nation.

This online festival had its unveiling done by the Hon. Prime Minister, Shri. Narendra Modi virtually. This online workshop offered information to benefit the students of different departments like – Arts, Science, Sports and Commerce

The programme offered much more than what students can explore and find out about many job opportunities and career guidance of such fields.

<u>Outcome</u>: All the volunteers were very much benefited by this educative online content and registered themselves to the website which guided them with various skills and programs.



## NSS Unit A Report on National Youth festival - Online Program

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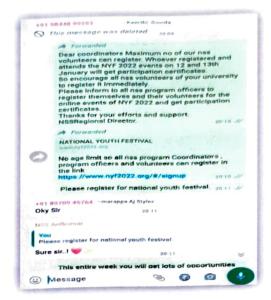
**Objective:** To participate in the National Youth Festival through online medium.

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# NSS Unit A Report on Republic Day Celebrations

**Date:** 26<sup>th</sup> Jan 2022

Venue: Sindhi College

No. of Participants: College Staff

**Objective:** To celebrate the fervor of patriotism.

73<sup>rd</sup> Republic Day was celebrated in the college in a simple way. As per the instructions of the Government Unfurling of the National flag was done by the College NSS Programme Officer.

Because of the Pandemic situation, there was no involvement of the student fraternity and the teaching staff. The hoisting of National flag was done by Prof. M.A.Vaidyesh, Principal Sindhi Evening Degree College and NSS Programme Officer, Sindhi College.

Necessary arrangements were made by facility manager Mr. Srinivas. Associate NCC Officer Lt. Shankar B.P. was also present on the occasion. Ms. Pramila Physical Director and Mr. Srinivas, facility Manager were other staff members present.

#### Outcome:

Despite the pandemic college NSS unit took pride of observing this programme.



# NSS Unit A Report on Republic Day Celebrations

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Venue: Sindhi College

No. of Participants: College Staff

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Prof. Vaidyesh M A.

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Programme officer

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Despite the pandemic college NSS unit took pride of observing this programme.





# NSS Unit A report on PFMS Workshop

**<u>Date:</u>** 15<sup>th</sup> Feb 2022

Venue: Bengaluru City University premises.

No. of Participants: NSS Programme officer

**Objective:** Training of NSS Program officers in Public Finance Management System (PFMS).

The NSS Cell of BCU, organized a one-day training programme for NSS Programme Officers on Public Financial Management System (PFMS). The training programme was organized at GnanaJyothi Auditorium, Central College, and BCU. Programme Officers of various affiliated colleges were also present.

The training programme benefits the NSS Programme Officers in maintaining the accounts of NSS and its funding in an organized way. The initiative of holding the training programme was, to create awareness about functioning of the PFMS App.

The session also highlighted the procedure and the ways to handle the funds released for NSS units, for each institution.

#### **Outcome:**

Features of PFMS were presented through a PPT.

After that, a thorough demonstration of the system was given through the PFMS portal in the session which concluded after the workshop

### <u>NSS Unit</u> <u>A report on PFMS Workshop</u>

**Date:** 15<sup>th</sup> Feb 2022

<u>Venue:</u> Bengaluru City University premises.

No. of Participants: NSS Programme officer

Objective: Training of NSS Program officers in Public Finance Management System (PFMS).

On 15th February 2022 NSS Programme officers of various Institutions underwent one-day training programme for the NSS Program officers in Public Finance Management System (PFMS) organised by the NSS Cell of BCU

The training programme was organized at the BCU premises with several Programme Officers of various NSS college units affiliated to BCU. The training programme benefited the NSS Programme Officers in maintaining the accounts of NSS and its funding in an organized way.

The initiative of holding the training programme was to create awareness about transparency in financial matters which is of paramount importance for people handling public money. The session also highlighted the procedure and the ways to handle the funds released for NSS units, of each institution. There was deliberation on the importance and features of PFMS through a PPT presentation. After that, a thorough demonstration of the system was given through the PFMS portal in the sessio

The NSS Cell of BCU, organized a one-day training programme for NSS Programme Officers on Public Financial Management System (PFMS). The training programme was organized at GnanaJyothi Auditorium, Central College, and BCU. Programme Officers of various affiliated colleges were also present.

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#### **Outcome:**

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ಸಂಖ್ಯೆ ಬಿಸಿಯು/ಎನ್.ಎಸ್.ಎಸ್/ಕಾ.ಸ/2021-22/419

Cimo# 10-02-2022

ವಿಷಯ: ಬೆಂಗಳೂರು ನಗರ ವಿಶ್ವವಿದ್ಯಾನಿಲಯದ ಎನ್.ಎಸ್.ಎಸ್ ಕೋಶದ ಕಾರ್ಯಕ್ರಮಾಧಿಕಾರಿಗಳ ಸಭೆ ಮತ್ತು PFMS ತರಭೇತಿ ಕಾರ್ಯಕ್ರಮಕ್ಕೆ ಎನ್.ಎಸ್.ಎಸ್ ಕಾರ್ಯಕ್ರಮಾಧಿಕಾರಿಗಳನ್ನು ನಿಯೋಜಿಸುವ ಬಗ್ಗೆ,

ಉಲ್ಲೇಖ: ಮಾನ್ಯ ಕುಲಪತಿಗಳ ಒಪ್ಪಿಗೆ ದಿನಾಂಕ: 03–02–2022.

ದೆಂಗಳೂರು ನಗರ ವಿಶ್ವವಿದ್ದಾನಿಲಯದ ಸಂಯೋಚತ ಕಾಲೇಜುಗಳ ಎನ್.ಎಸ್.ಎಸ್ ಕಾರ್ಯಕ್ರಮಾಧಿಕಾರಿಗಳ ಸಭೆಯನ್ನು ದಿನಾಂಕ: 15-02-2022 ರಂದು ದೆಳಗ್ಗೆ 10.00 ಗಂಚೆಗೆ ವಿಶ್ವವಿದ್ದಾನಿಲಯದ ಜ್ಞಾನಮ್ಮೋತಿ ಸಭಾಂಗಣದಲ್ಲಿ ಆಯೋಜಿಸಲಾಗಿದೆ. ಸಭೆಯನ್ನು ಪಿಶ್ವವಿದ್ಧಾನಿಲಯದ ಮಾನ್ಯ ಕುಲಪತಿಗಳಾದ ಸ್ತೂ ಲಿಂಗರಾಜ ಗಾಂಧಿರವರು ಉಧ್ಘಾಟಿಸಲಿದ್ದಾರೆ.

ಭಾರತ ಸರ್ಕಾರದ ಯೋಜನೆಗಳ ಅನುದಾನವನ್ನು ಬ್ಯಾಂಕ್ ಖಾತೆಗಳ ಮೂಲಕ ನೇರ ವರ್ಗಾವಣೆ ಮಾಡುವ ವ್ಯವಸ್ಥೆಯನ್ನು ಜಾರಿಗೊಳಸುವ ಸಂಬಂಧ PFMS ನ್ನು (Public Finance Management System) ಜಾಲಗೆ ತರಲಾಗಿದೆ, ಎನ್.ಎಸ್.ಎಸ್ ಕಾರ್ಯಚಟುವಚಿಕೊಳಗಾಗಿ ಕಾಲೇಜುಗಳಿಗೆ ವಿಚುಗಡೆ ಮಾಡುವ ಅನುದಾನವನ್ನು PFMS (ಆನ್ರ್ಯೆನ್) ಮುಖೇನ ಅಲ್ಲದೆ ಬೇರೆ ಯಾವುದೇ ರೀತಿಯಲ್ಲಿ ಮಾಡುವ ಅನುರಾನವನ್ನು PFMS (ಆರ್.ಲೈನ್) ಮುಖಾನ ಅಲ್ಲರ ಬೇರ ಯಾವುಟೀ ಊಂಟ್ಲಳ್ಳ ವರ್ಗಾವಣೆ ಪಾವತಿ ಅಥವಾ ದಾಜನ್ನು ಮಾಡುವಂತಿಲ್ಲ ಆರುದರಿಂದ ಈ ತರಭೇತೆ ಕಾರ್ಯಕ್ರಮಕ್ಕೆ ಎರ್.ಎಸ್.ಎಸ್ ಕಾರ್ಯಕ್ರಮಾಧಿಕಾರಿಗಳ ಜೊತೆಗೆ ತಮ್ಮ ಕಾರೇಜಿನ ಎನ್.ಎಸ್.ಎಸ್ ಡ್ಯಾಂಕ್ ಮಾತೆಯನ್ನು ನಿರ್ವಹಿಸುವ ಸಿಬ್ಬಂದಿಯನ್ನು ತಪ್ಪದೆ ನಿಯೋಜಿಸಲು ಕೋರಲಾಗಿದೆ ಹಾಗೂ ತಮ್ಮ ಕಾರೇಜಿನ PFMS ಖಾತೆಯ USER ID ಮತ್ತು Password ಎನ್.ಎಸ್.ಎಸ್ ಡ್ಯಾಂಕ್ ಖಾತೆಯ ವಿವರಗಳು ಹಾಗೂ ಲ್ಯಾಪ್ಟ್ ತರುವುದು.

2021-22ನೇ ಸಾಲಿನಲ್ಲಿ ಎನ್.ಎಸ್.ಎಸ್ ಅನುದಾನವನ್ನು ಬಯಸುವ ಕಾಲೇಜುಗಳು ಈ 1021-1238 ಸಾರಣದ್ದಿ ಎನ್.ಎಸ್.ಎಸ್ ಅನುರಾಜನವನ್ನು ಬಯಸುವ ಕಾಲೇಜುಗಳು ಈ ಪತ್ರೆದೊಂದಿಗೆ ಲಗತ್ತಿಸಿರುವ (Child level Agency registration format) ನೊಂದಿಗೆ ಎನ್.ಎಸ್.ಎಸ್ ಸುರುತ್ತಿಗಳು ಎನ್.ಎಸ್.ಎಸ್ ಅರ್ಯಕ್ರಮದ್ರಿಕಾರಗಳ ಮತ್ತು ಪ್ರಾಯಪಾಲರ ಜಂಟ ಡ್ಯಾಂಕ್ ಪಾಸ್ ಮತ್ತಕದ ಪ್ರತಿಯನ್ನು ಮತ್ತು ಎಸ್.ಎಸ್.ಎಸ್ ಅನುರಾಜನಾಣಿ ಕೋಂ ಪ್ರಾಯಪಾಲರಿಂದ ಪತ್ರವನ್ನು ವಿಶ್ವಲದ್ಧಾನಿಲಯದ ಎನ್.ಎಸ್.ಎಸ್ ಕೇಂತ್ರ್ ಸ್ಥಭಿಸುವುದು.
2018-19 ಮತ್ತು 2019-20ನೇ ಸಾಲನಪ್ಪ ರೈತಾರದಿನ ಚಟುವಟಿಕೆಗಳಿಗೆ ವೀಡಿರುವ ಅನುರಾಜನಕ್ಕೆ ನಡೆದ ಮತ್ತು ಜಲ್ಲುಗಳನ್ನು ಸಲ್ಲಿಸದಿರುವದ ಕಾಲೆಜುಗಳು ದಿನಾಂಕ: 15-02-2022 ರ ಒಳಗಾಗಿ ಸಲ್ಲಿಸರು ಸಂಚರ್ವಸರ್ಗಿ

ಸೂಚಿಸಲಾಗಿದೆ.

ಪ್ರಾಂಶುಪಾಲರುಗಳು. ಎಲ್ಲಾ ಸಂಯೋಜಿಕ ಕಾಲೇಜುಗಳು, ಬೆಂಗಳೂರು ನಗರ ವಿಶ್ವವಿದ್ಯಾನಿಲಯ

Prepared by:

MM Prof. Vaidyesh M A.

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Programme Officer Sindhi College 33/28, Kempapura, Hebbal

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Signed by:

Prof. N. Asha Principal

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# NSS Unit A Report on NSS Orientation programme

**Date:** 24<sup>th</sup> Feb 2022

Venue: Seminar Hall, Sindhi College

No. of Participants: 210.

**Objective:** To inform the new incumbent about overall functioning college NSS Unit.

The College NSS Unit organized the orientation Programme. The objective of the programme was to inform the newly enrolled volunteers about the NSS motto, objectives organization structure, NSS Badge etc.

After mellifluous invocation song by Bhargav, the programme was inaugurated by the Director Sir by lighting of the lamp. Newly enrolled volunteers were informed about the various activities undertaken by college NSS Unit. This also included the informing of each volunteers' duties, responsibilities & their roles in the activities done by NSS.

Dr. B.S. Srikanta, Director of the college motivated the students through his personal experience of being a volunteer of National College during early 70s.

The NSS Program Officer also shared his insightful journey as a volunteer and also as a Programme officer.

Prof. N.Asha, Principal of the institute too, shared valuable inputs on the functioning of NSS and its importance to the society.

## NSS Unit A Report on NSS Orientation programme

**Date:** 24<sup>th</sup> Feb 2022

Venue: Seminar Hall, Sindhi College

No. of Participants: 210.

**Objective:** To inform the new incumbent about overall functioning college NSS Unit.

NSS unit of Sindhi College organised Orientation programme for all the enrolled volunteers, batch 2021-22 on 24th Feb 2022 to inform the overall functioning and tasks undertaken by NSS.

The College NSS Unit organized the orientation Programme. The objective of the programme was to inform the newly enrolled volunteers about the NSS motto, objectives organization structure, NSS Badge etc.

After mellifluous invocation song by Bhargav, the programme was inaugurated by the Director Sir by lighting of the lamp. Newly enrolled volunteers were informed about the various activities undertaken by college NSS Unit. This also included the informing of each volunteers' duties, responsibilities & their roles in the activities done by NSS.

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The NSS Program Officer also shared his insightful journey as a volunteer and also as a Programme officer.

Prof. N.Asha, Principal of the institute too, shared valuable inputs on the functioning of NSS and its importance to the society.

Outcome: NSS Badges and diaries were distributed to the newly enrolled volunteers and were informed the overall functioning of NSS and its volunteers' duties.





<u>Outcome</u>: NSS Badges and diaries were distributed to the newly enrolled volunteers and were informed the overall functioning of NSS and its volunteers' duties.

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## NSS Unit A Report on Nehru Yuva Kendra Programme

**Date:** 26<sup>th</sup> Feb 2022

**Venue:** S E A College, K R Puram

No. of Participants: 12 (Boys; 4; Girls: 8)

**Objective:** To make the youth aware of their roles & responsibilities as the budding citizens of New Age India.

The College NSS Unit received the invitation requiring deploying the students to the above programme. 12 volunteers were sent to attend the programme.

Dr. K.C.Narayana Gowda, Honbl'e Minister of Youth empowerment and sports inaugurated the programme.

The Members of National Skill Development training gave a brief insight on the responsibilities of the youth of this nation. There was emphasis on the wastage of time by maximum youth on devices and on the internet. The speakers also highlighted that the youth of a nation are the fulcrum of its development and can bring in lot of changes in the society by collective efforts.

<u>Outcome</u>: The event concluded by the <u>Ceremony of Award Distribution to the young achievers</u> in various fields like Education, Sports, Literature, Performing Arts & Entertainment Etc. while the NSS volunteers were utilized for administrative and organizational purposes.







### NSS Unit A Report on Nehru Yuva Kendra Programme

**Date:** 26<sup>th</sup> Feb 2022

Venue: SEA College, KR Puram

No. of Participants: 12 (Boys; 4; Girls: 8)

Objective: To make the youth aware of their roles & responsibilities as the budding citizens of NewAge India.

The NSS Cell of BCU organised Nehru Yuva Kendra Programme at S E A College, K R Puram on 26/02/2022. The objective of the programme is to make the youth aware of their roles & responsibilities as the budding citizens of New Age India.

A total of 12 participants took part in the programme. Dr. K.C.Narayana Gowda, Honbl'e Minister of Youth empowerment and sports inaugurated the programme.

The Members of National Skill Development training gave a brief insight on the responsibilities of the youth of this nation. There was emphasis on the wastage of time by maximum youth on devices and on the internet. The speakers also highlighted that the youth of a nation are the fulcrum of its development and can bring in lot of changes in the society by collective efforts.

The event concluded by the Ceremony of Award Distribution to the young achievers in various fields like Education, Sports, Literature, Performing Arts & Entertainment Etc. while the NSS volunteers rendered services for administrative and organizational purposes.

Outcome: The event concluded by the Ceremony of Award Distribution to the young achievers in various fields like Education, Sports, Literature, Performing Arts & Entertainment Etc. while the NSS volunteers were utilized for administrative and organizational purposes.

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#### **NSS** Unit

#### **BCU Convocation Volunteering, Bengaluru**

Date: 11th April 2022

**<u>Venue:</u>** Bengaluru City University (BCU)

No. of Participants: 09 (Boys: 5; Girls: 4)

Objective: To provide assistance in the Organizing of Convocation Ceremony at BCU.

on 11th April 2022 9 NSS volunteers were deployed by the NSS Unit of the College at Bengaluru City University to help in the smooth conduction of the 1st Convocation ceremony at BCU, Bengaluru.

The College NSS unit on receiving the invitation from the NSS Cell of BCU deputed volunteers and the Programme officer to attend the maiden convocation of Bengaluru City University.

9 NSS volunteers were deployed by the NSS Cell, Sindhi College at Bengaluru City University to help in the smooth conduction of the 1<sup>st</sup> Convocation ceremony at BCU, Bengaluru. At 7.30 a.m NSS Programme coordinator Dr. Govinde Gowda H.G. addressed the volunteers and assigned duties. The NSS volunteers rendered services in the smooth conduct of the Convocation.

They witnessed the ceremonial procedure of University Convocation Sri Thavar Chand Gehlot, Hon. Governor the state who is also was the chancellor of the University issued the convocation certificates. Dr. Lingaraja Gandhi, Vice Chancelor was accompanied by Dr. Ramesh. B, the registrar (Evaluation) and Sri. Sridhar C.N. (Academics) was present along with the members of the Academic Council and the Syndicate.

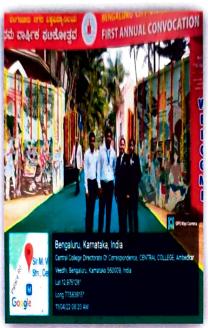
Three distinguished achievers were given honorary doctorate.

Dr. C.N. Ashwathanarayan, Honb'le Deputy Chief Minister and Pro- Chancellor couldn't attend the programme due the sudden demise of Umesh katti, Minister of Food and Civil Supplies

Volunteers of the college rendered service at designated posts. They were involved in the registration counter, Food counter and also at entry and exit points.

<u>Outcome:</u> NSS volunteers learnt the organization skills. They took the pride of being a part of maiden convocation of Bengaluru City University.







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# NSS Unit SSSAK Medical Survey Camp

Date: 8th May 2022

Venue: Balakuntahalli, Chikkaballapur Dist.

No. of Participants: 13 (Boys: 8; Girls: 5)

<u>Objective:</u> To carry out a survey to assess the no. of SSSAK health card holders in the village of Balakuntahalli.

To carry out a survey to assess the no. of SSSAK-health card holders in the village of Balakuntahalli all the volunteers of NSS Unit along with 6 staff members of Sindhi College organised a camp at Balakuntahalli, Chikkaballapur Dist on 08th May 2022.

The volunteers were guided and instructed concerning the procedure of data collection from the villagers. The volunteers were instructed to make a brief note in the data sheets given to them, regarding the health conditions, financial status and a few more aspects of the village families after which they were expected to make sure that every house belonging to the village would get an SSSAK health card as for being able to access the cheap/free medical services assisted by SSSAK.

The volunteers successfully completed the targeted number of that day's survey and in addition to this; the volunteers also got to experience and know about the consequences of living in remote villages

The College NSS Volunteers who are also the volunteers for Sri Sarvadharmapriya Sai Arogya Kendra (SSSAK) got the one more opportunity to render service to the society.

Every house was distributed the SSSAK Arogya Card to avail cheap/free medical services through SSSAK.

Food was served to all the volunteers. Volunteers attending the medical camp for the first time not only enjoyed the activities but also learnt the way of life, "Sharing is caring".

Outcome: The volunteers successfully completed the targeted number of that day's survey and in addition to this; the volunteers also got to experience and know about the consequences of living in remote villages. They also got exposed to many of the health problems faced by the villagers due to the lack of accessible connectivity.



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### **NSS Unit**

# Felicitation of Covid Frontline Warriors and Vaccination drive

Date: 5th May 2022

Venue: Seminar Hall and GJ Hall- Sindhi College, Kempapura

No. of Participants: 45 volunteers (Boys: 27; Girls: 18)

<u>Objective:</u> To Recognize & Felicitate the COVID FRONTLINE WARRIORS and to carry out a free vaccination drive in the college premises.

On 05th May 2022 the NSS unit of Sindhi college organised a felicitation programme to Recognize & Felicitate the COVID FRONTLINE WARRIORS and to carry out a free vaccination drive in the college premises. Doctors, Nurses from the UPHC Primary Healthcare Centre, Amruthahalli Ward, Bengaluru and many more Health workers were recognized and felicitated for their immense and selfless service towards humanity in aiding and helping the COVID patients in association with BBMP.

The College NSS Unit took up this programme of felicitating the Covid front line warriors. The Unsung heroes who fought against the pandemic, need to be recognized and appreciated are the objectives with which this event was conceptualized.

This event also included the felicitation of ASHA workers, SWAB Collectors, BBMP LINK Workers, DEOs and the Helping Staff of the UPHC Amruthahalli branch healthcare centres, WARD No. 07. Dr. Imran Khan MD, a Covid Medical Officer and a doctor, shared his opinions about the raising severity of the PANDEMIC and threw light on the amount of works and services done by the frontline covid warriors at these times. Primary Health Care Officer, Dr. Triveni too, shared her experience of fighting this pandemic from forefront along with other doctors and highlighted the life-threatening risks that are involved in their daily activities.

The Director and the Principal too shared their appreciation about Frontline warriors and commended their selfless service which was also appreciated by all volunteers, college staff and the student fraternity present in the occasion. After the Felicitation, there was a free VACCINATION DRIVE that was set up in GJ HALL at the ground floor of the college where there were several civil beneficiaries who got them vaccinated for free including 15 college staff members and other students.

The College NSS Unit took up this programme of felicitating the Covid front line warriors. The Unsung heroes who fought against the pandemic, need to be recognized and appreciated are the

objectives with which this event was conceptualized.

Doctors, Nurses and Paramedic staff from the UPHC Primary Healthcare Centre, Amruthahalli Ward, Bengaluru and many more Health workers were recognized and felicitated for their immense and selfless service rendered to COVID patients. BBMP officials who are connected with similar motto were also identified and felicitated.

This event also included the felicitation of ASHA workers, SWAB Collectors, BBMP LINK Workers, DEOs and the Helping Staff of the UPHC Amruthahalli branch healthcare centres, WARD No. 07. Dr. Imran Khan MD, a Covid Medical Officer and a doctor, shared his opinions about the raising severity of the PANDEMIC and threw light on the amount of works and services done by the frontline covid warriors at these times. Primary Health Care Officer, Dr. Triveni too, shared her experience of fighting this pandemic from forefront along with other doctors and highlighted the life-threatening risks that are involved in their daily activities. The Hon. Director and the Hon. Principal too shared their comments about Frontline warriors and commended their selfless service which was also appreciated by all volunteers, college staff and the student fraternity present in the occasion.

After the Felicitation, there was a free VACCINATION DRIVE that was set up in Golden Jubilee HALL at the ground floor of the college where there were 35 beneficiaries who got vaccinated for free including 15 college staff members and other students.





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# SINDHI COLLEGE 33/2B, KEMPAPURA HEBBAL BANGALORE-560024

## NSS Unit Shramadaan, Bengaluru

**Date:** 6<sup>th</sup>, 7<sup>th</sup>& 8<sup>th</sup> of June, 2022

Venue: Coffee Board Layout Park, Kempapura

No. of Participants: 21(Boys: 6; Girls: 15)

**Objective:** To render the shramadaan as a part NSS activity to commemorate the world Environment Day.

21 NSS volunteers were deployed by NSS Unit, Sindhi College at the Coffee Board Layout Park for leveling up the sanity and cleanliness aspects of the park. Several plastic and inorganic wastes were handpicked and cleaned across the park, thus eliminating almost all the wastes visible in thepark.

Outcome: This task of cleaning the park was done to create awareness amongst the public about keeping our environment clean for sustainable urban greenery and also to avoid the generation of various diseases and epidemics.





# SINDHI COLLEGE 33/2B, KEMPAPURA HEBBAL BANGALORE-560024

## **NSS Unit**

# Traffic Awareness Programme in association with Bengaluru City Traffic Police

**Date:** 9<sup>th</sup>& 14<sup>th</sup> of June, 2022

Venue: Auditorium, Sindhi College

No. of Participants: 27 NSS volunteers & students of the college.

Objective: To inculcate and imbibe the Traffic Rules onto all the students and youth of the society.

In association with Bengaluru City Traffic Police, Sindhi college successfully carried out an awareness program which informed and educated all the students about various traffic rules and regulations.

The resource person for the day was Smt. Roopa Hegde, Head Constable- Traffic Police Training Academy, Bengaluru. She highlighted the importance of strictly following traffic rules and also shared a few rules that are often ignored, through a PPT. She also put light onto a few other regulations of traffic which was rare and were least known by majority of people. Information about cautionary signals and mandatory signals, were explained in this session.

Next, Mr. Vasantha Kumar, Police Inspector, Bengaluru City Traffic Police also had a few important points that were educative of the session's topic. He concluded the session leaving the floor open for a Ouestion ans Answer session with the Audience.

<u>Outcome</u>: The Event was successfully completed after answering several questions by the students which brought more clarity and the need for adherence to traffic rules and regulations.



## SINDHI COLLEGE

33/2B, KEMPAPURA HEBBAL BANGALORE-560024

#### **NSS Unit**

Traffic Awareness Programme in association with Bengaluru City Traffic Police

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Venue: Auditorium, Sindhi College

No. of Participants: 27 NSS volunteers & students of the college.

Objective: To inculcate and imbibe the Traffic Rules onto all the students and youth of the society.

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The resource person for the day was Smt. Roopa Hegde, Head Constable- Traffic Police Training Academy, Bengaluru. She highlighted the importance of strictly following traffic rules and also shared a few rules that are often ignored through a PPT. She also put light onto a few other regulations of traffic which was rare and were least known by majority of people. Different Sign Boards too, were explained in this session.

Next, Mr. Vasantha Kumar, Police Inspector, Bengaluru City Traffic Police also had a few important points that were educative of the session's topic. He concluded the session leaving the floor open for a Q/Ans session with the Audience.

<u>Outcome</u>: The Event was successfully completed after answering several questions by the students which brought more clarity and adherence quality in all the students concerning the Traffic Rules and Regulations.





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## NSS Unit SSSAK Survey Camp

Date: 19th June, 2022

Venue: Balakuntahalli, Chikkaballapur Dist

No. of Participants: 14 (Boys: 6; Girls: 8)

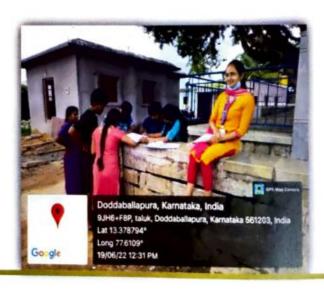
Objective: To carry out a survey to assess the no. of SSSAK-health card holders in the village of Balakuntahalli.

The journey of all the volunteers along with 7 trust members of SSSAK started from the College Premises at 7:30 am on the morning of 19<sup>th</sup> June, 2022. After reaching the destination, the volunteers were guided and instructed concerning the procedure of data collection from the villagers.

The volunteers were instructed to make a brief note in the data sheets given to them, regarding the health conditions, financial status and a few more aspects of the village families after which they were expected to make sure that every house belonging to the village would get an SSSAK health card as for being able to access the cheap/free medical services assisted by SSSAK.

<u>Outcome</u>: The volunteers successfully completed the targeted number of that day's survey and in addition to this; the volunteers also got to experience and know about the lifestyle of people living in remote villages.

They also had exposure to many of the health problems faced by the villagers due to the lack of accessible connectivity. This survey done by SSSAK, in collaboration with the NSS wing of Sindhi College has helped the villagers' access medical services at a very minimal or alsofor free of cost.





## SINDHI COLLEGE

33/2B, KEMPAPURA HEBBAL BANGALORE-560024

## NSS Unit SSSAK Survey Camp

Date: 19th June, 2022

Venue: Balakuntahalli, Chikkaballapur Dist

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Objective: To carry out a survey to assess the no. of SSSAK-health card holders in the village of Balakuntahalli.

The journey of all the volunteers along with 7 trust members of SSSAK started from the College Premises at 7:30 am on the morning of 19<sup>th</sup> June, 2022. After reaching the destination, the volunteers were guided and instructed concerning the procedure of data collection from the villagers.

The volunteers were instructed to make a brief note in the data sheets given to them, regarding the health conditions and financial status. SSSAK health card were issued for house to avail cheap/free medical services assisted by SSSAK.

<u>Outcome</u>: The volunteers successfully completed the targeted number of that day's survey and in addition to this; the volunteers also got to experience and know about the lifestyle of people living in remote villages.

They also had exposure to many of the health problems faced by the villagers due to the lack of connectivity. This survey done by SSSAK, in collaboration with the NSS wing of Sindhi College has helped the villagers' access medical services at a very minimum cost.

Prepared by:	Signed by:
Programme officer 3/2B, Kempapura, Hebbal Bangalore - 560 024.	Prof. N. Asha Principal PRINCIPAL SINDHI COLLEC #33/28 Kempapura P Bengaiuru - 560 u.



### **NSS Unit**

## International Day for Yoga in Association with Decathlon

Date: 20th June, 2022

Venue: INDOOR Stadium, Sindhi College

No. of Participants: All enrolled NSS Volunteers and other students of the college.

Objective: To promote Yoga by performing it and spreading the message of health benefits of doing yoga on regular basis and not only on International Yoga Day.

In collaboration with DECATHLON, a sports and fitness lineup, Yoga Day was exquisitely organized in the INDOOR Stadium of Sindhi College, where the Yoga session was guided and led by Ms. Sushma Shankar who is a noted Yoga instructor in the country.

The entire Indoor stadium was orderly filled with the participants including staff members. Before the session began, she shared with all, the importance and necessity of the regular practice of yoga in one's life. The event then proceeded with the Yoga instructor teaching various yogasanas and pranayama techniques to all the participants.

<u>Outcome:</u> The event successfully concluded after the volunteers, teachers &participants learnt about many AASANAS in Yoga and performed them to the best of their abilities.



## SINDHI COLLEGE

33/2B, KEMPAPURA HEBBAL BANGALORE-560024

## NSS Unit

### International Day for Yoga in Association with Decathlon

Date: 20th June, 2022

Venue: INDOOR Stadium, Sindhi College

No. of Participants: All enrolled NSS Volunteers and other students of the college.

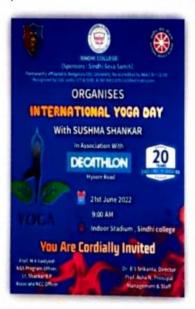
<u>Objective:</u> To promote Yoga by performing it with all the students of the College on International Yoga Day.

In collaboration with DECATHLON, a sports and fitness lineup, Yoga Day was exquisitely organized in the INDOOR Stadium of Sindhi College, where the Yoga session was guided and led by Ms. Sushma Shankar who is a noted Yoga instructor in the country.

The entire Indoor stadium was uniformly fitted with the participants including teachers. Before the session began, she shared with all, the importance and necessity of the regular practice of yoga in one's life. The event then proceeded with the Yoga instructor teaching various yogasanas and pranayama techniques to all the participants.

<u>Outcome</u>: The event successfully concluded after the volunteers, teachers &participants learnt about many AASANAS in Yoga and performed them to the best of their abilities.







Prepared by:

Prof. Valdyesti M.A.

Programme officer 8/2B, Kempapura, Hebbal Bangalore - 560 024, Signed by:

Prof. N. Asha Principal

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## NSS Unit

## A Report on Leo Orientation Programme

Date: 22nd June, 2022

Venue: Auditorium, Sindhi College

No. of Participants: All the enrolled NSS volunteers & other students from the college.

## Objective:

To motivate the participants to join LEO CLUB.

To Make the members understand the various activities undertaken by LEO club.

The participants were first informed about the organization structure, purpose and the history of the Lions' Club. It played a key role in motivating students for enrollment to the club. Then the audience was informed about different social activities that have been taken up by the club for noble causes around the world.

The college Management members and members of Sindhi Seva Samiti have been associated with Lion's club for a long time. The Hon. President, Sindhi Seva Samiti, Ln. Shri Madan Doulatram, shared valuable points in his speech about the Lions' Club and the benefits one gain from serving in such platforms. Ln. Prakash F. Madhwani vice president of Sindhi Seva Samithi shared his experience of being a Lion and the way one can develop leadership qualities from such services to the society.

Outcome: Many students got inspired to join the LEO Club.



# NSS Unit A Report on Leo Orientation Programme

Date: 22<sup>nd</sup> June, 2022

Venue: Auditorium, Sindhi College

No. of Participants: All the enrolled NSS volunteers & other students from the college.

**Objective:** To motivate the participants to join LEO CLUB and make them understand & aware of the different ventures and activities undertaken by the Lion's CLUB and its overall functioning.

The participants were first informed about the formation, purpose and the history of the Lions' Club which played a key motivating factor in the students' enrollment for the club. Then the audience was informed about different social activities that have been taken up by the club for noble causes around the world.

Few of the Management members of Sindhi Seva Samiti too were a part of the Lions' Club. The Hon. President, Sindhi Seva Samiti, Lion Shri Madan Doulatram, had his valuable points in his speech about the Lions' Club and the benefits one can gain from serving in such platforms. Few other lions who were also a part of the Hon. Management Committee, Sindhi College/ Sindhi Seva Samiti too shared their experience of being a Lion and the way one can develop leadership qualities from such services to the society.

<u>Outcome</u>: Many students got inspired to join the LEO Club as for the information they gained about the Lions' Club and its overall activities & functioning.



Prepared by:

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Prof. Vaidyesh M A.
Programme officer ficer
Indhi College
/2B, Kempapura, Hebbal
Bangalore - 560 024.

Signed by:

Prof. N. Asha Principal

PRINCIPAL SIND PLICOLLEGE #33/25 Acmpapura, Hebbal Bengaluru - 560 024.



#### NSS Unit

A Report on Drug Awareness Programme Organised by the Govt. of Karnataka

Date: 26th June, 2022

Venue: Shri Kanteerava Stadium, Bengaluru

No. of Participants: 30 (Boys: 21; Girls: 9)

Objective: To develop the sense of awareness about the Narcotic Drugs abuse and its negative influence on humanity.

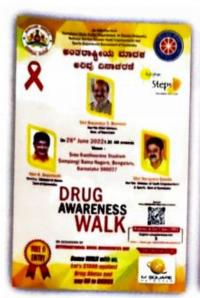
This event was an initiative of the Excise Department, National Service Scheme and the Sports & Youth Affairs Dept. of the Govt. of Karnataka. The event began at early morning 6:30pm with the unfurling of the Theme Poster by the Honbl'e Chief Minister, Govt. of Karnataka – Shri. Basavaraj Bommai along with the officials of Excise Department. Sri K Gopalaiah Honbl'e Minister for Excise and Sri. Narayan Gowda Honbl'e Minster for Youth Empowerment and sports motivated the students by their speeches.

The highlight of the programme was the Awareness Rally which conveyed the importance message to every responsible citizen to be aware of harmful and the ill effects of Substance Abuse. After this, the distribution of Theme Shirts and Theme Caps took place at Gate No. 9 of the Stadium.

The college NSS volunteers actively took part and displayed integrity for this noble cause.

<u>Outcome:</u> The event concluded after the Drug Awareness Walk with thousands of participants from other institutions across the city took part.

Participants pledged to stay away from drugs.





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Prof Valdyesh M A. Programme officer

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Prepared by: Signed by: Prof. Vaidyesh M A Programme officer Prof. N. Asha Principal 33/2B, Kempapura, Hebbal Bangalore - 560 024. PRINCIPAL SINDHI COLLEGE #33/2B Kempapura, Hebbal, Bengaluru - 560 024. 1



# NSS Unit A report on SSSAK Medical Camp

Date: 2nd July, 2022

Venue: Tapasipura Village, Kolar Dist.

No. of Participants: 20 (Boys: 9; Girls: 11)

Objective: To carry out a Medical Camp as a community out- reach programme

The colleges NSS Volunteers were invited by SSSAK to volunteer the medical camp at Tapasipura village, kolar District.

Nine Boys and eleven girls volunteered the programme.

The journey of all the volunteers along with 9 staff members of SSSAK started from the College Premises at 7:30 am on the morning of 02, july 2022. After reaching the destination, the volunteers were guided and instructed concerning the procedure assisting the villagers in their Health Check-up Procedure.

It was a different experience to be with villagers understanding the health related issues they suffered, empathizing their plight and doing a bit to make their life better was the learning outcome of the event.

<u>Outcome:</u> The volunteers were successful in assisting the SSSAK trustees and doctors. Coordination and cooperation was learnt by organizing the medical camp. They also had exposure to many of the health problems faced by the villagers.



## SINDHI COLLEGE

33/2B, KEMPAPURA HEBBAL BANGALORE-560024

# NSS Unit A report on SSSAK Medical Camp

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Nine Boys and eleven girls volunteered the programme.

The journey of all the volunteers along with 9 staff members of SSSAK started from the College Premises at 7:30 am on the morning of 19<sup>th</sup> June, 2022. After reaching the destination, the volunteers were guided and instructed concerning the procedure assisting the villagers in their Health Check-up Procedure.

<u>Outcome</u>: The volunteers were successful in assisting the SSSAK Staff, doctors the villagers in completing the medical camp in an organized manner. They also had exposure to many of the health problems faced by the villagers due to the lack of accessible connectivity. This survey done by SSSAK, in collaboration with the NSS wing of Sindhi College has helped the villagers' access medical services at a very minimal or also for free of cost.



Signed by: Prepared by: Prof. N. Asha Principal Programme Officer PRINCIPAL SINDHI COLLEGE #33/28 Kempapina, Hebbal, Bengaluru - 560 v 3/2B, Kempapura, Hebbal Bangalore - 560 024. m (10)

#### **NSS Unit**

## A Report on College Annual Sports Meet

Date: 8th July, 2022

Venue: Sahakarnagar Public Ground, Bengaluru

No. of Participants: All the Enrolled NSS volunteers& College Staff and students.

Objective: To make sure of the smooth conduction of Annual Sports Day in an organized manner.

The Annual Sports Meet commenced after the Cauldron Flame Torch was lit preceded by a relay, nolding the Cauldron torch. This symbolizes the commencement of the Grand Sport Event which is a usual ritual at every Annual Sports Meet. Various competitions that comprised 12 sporting events in total were enthusiastically played by all the participants. The NSS volunteers maintained the overall discipline and the decorum of the event throughout the day.

Field events for teachers were also conducted. The events were conducted house wise, and the points were counted for overall championship. Lunch was provided to all the NSS volunteers, Teachers and all the other participants. The Individual Overall Championship for Men and Women was won by Badal Singh for 2nd year B.Com and Shrusti of 1st year BBA respectively. The overall house championship was won by the RED STORMS HOUSE.

Outcome: The Annual Sports Day was carried out in an organized manner with the help of NSS Volunteers and concluded after the prize distribution ceremony.



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Prepared by:	Signed by:
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Prof. Vaidyesh MAncer Programme offices	Prof. N. Asha
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/2B, Kempapura, Hebbal	O'mapa"
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	Bengaluru - 560 024.
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## NSS Unit Leo Club Nomination of Office Bearers

Date: 4th Aug, 2022

Venue: Seminar Hall, Sindhi College

No. of Participants: 40 NSS Volunteers & students of the college.

Objective: The appointment of New Office Bearers of the Leo Club.

The event commenced by invoking the blessings of the almighty, followed by lighting of the lamp and welcome address. Ln. Neha Bhathija discussed the roles and responsibilities of each and every office bearer. Selection of office bearers was solemnized as per the protocols

Prof. Subrahmanya N.R. HOD- Samskritha and the member of NSS Advisory committee was identified as the club coordinator.

The event concluded after nominating and selecting individuals for different posts in the LEO Cabinet through general voting system carried out by Sanskrit).

other students and audience who were present in the session, in presence of the Hon. Committee Member of Sindhi Seva Samiti- Lion Shri. Mahesh Bhathija and College Coordinator - LEO Club, <sup>D</sup>rof. Subrahmanya Bhat (HOD, Dept. of Sanskrit).

Outcome: Nurturing the leadership qualities among the youth.



# NSS Unit Leo Club Nomination of Office Bearers

Date: 4th Aug, 2022

Venue: Seminar Hall, Sindhi College

No. of Participants: 40 NSS Volunteers & students of the college.

Objective: The appointment of New Office Bearers of the Leo Club.

The event commenced by the introduction of all the aspects that every office bearer of the club must be aware of.

The audience/contenders were also educated about the different roles and responsibilities of each post present in the LEO Cabinet, by the Lion's Club Coordinator, Lion Smt. Neha Bhathija.

Prof. Subrahmanya N.R. was identified as the club coordinator.

The event concluded after nominating and selecting individuals for different posts in the LEO Cabinet through general voting system carried out by other students and audience who were present in the session, in presence of the Hon. Committee Member of Sindhi Seva Samiti- Lion Shri. Mahesh Bhathija and College Coordinator - LEO Club, Prof. Subrahmanya Bhat (HOD, Dept. of Sanskrit).





Outcome: Nurturing the leadership qualities among the youth. Prepared by: Signed by: Prof. Valdyesh M Afficer Prof. N. Asha Programme Officere 3/2B, Kempapura, Hebbal Principal PRINCIPAL Bangalore - 560 024. SINDHICOLLEGE #33/28 Kempapura, Hebbal. Bengaluru - 560 02-

# NSS Unit A Report on Independence Day "Azaadi ka mrith Mahotsav"

Date: 15th Aug, 2022

Venue: Sindhi College

No. of Participants: 35 Volunteers

Boys: 17 Girls: 18

Objective: To celebrate & carry out all the proceedings of Independence Day Celebrations in an organized manner.

The event commenced with arrival of the occasion's Chief Guest, Lt. Col Amitab, A.O – 8 KAR BN NCC. The GUARD OF HONOUR was given to the Hon. Army Personnel, succeeded by the hoisting of the National Flag followed by the march-past, namely by NSS and the NCC Wings of the college. The event was also graced by the Hon. Management Members, Sindhi College.

In his address, the Hon Chief Guest emphasized on the responsibilities and morals of everyone as the country's citizens. He also spoke about various leaders who were responsible for bringing freedom to our nation. Other dignitaries too spoke about the development aspects of the New Age India and the ways in which the youth can contribute to the development and lead the nation from upfront. A few cultural performances doubled the glut and gaiety of the occasion in theme of patriotism. The NSS volunteers were responsible for looking after the overall decorum of the event.

The event's proceedings were very well looked after by the NSS Volunteers. The program concluded after the Vote of Thanks and National Anthem.

#### Outcome:

Nurturing discipline among the volunteers

Nurturing patriotism among the students and volunteers

Developing a sense of social responsibility.





Prepared by:

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Programme officer /2B, Kempapura, Hebbal

Bangalore - 560 024.

Signed by:

Prof. N. Asha Principal

SINDHI COLLEGE #33/26 Kempapura, Hebbal Bengaluru - 560 024.



# NSS Unit A Report on nailing the Name plates

Date: 19th Aug. 2022

Venue: Coffee Board Layout Park

No. of Participants: 6 Male volunteers

3 female volunteers

<u>Objective:</u> To name the trees in coffee board layout park.

The volunteers, after their class rendered shramadaan in a different way.

Director Dr. B.S.Srikanta sir, Principal Prof. N.Asha Mam, NSS Program Officer, Prof. Vaidyesh M.A. (Dept of Management) and the Facility Manager Mr. Srinivas accompanied the students to the nearby Coffee Board Layout Park.

The programme aimed at maintaining continuity as far as providing medicinal uses of the trees in the park. Due to withering agents some of the boards nailed to the trees were worn out and the information was not visible. It is for this reason periodically nailing the name plates with botanical name, local name and the medicinal properties of the trees were provided to the users of the park.

This initiative of the college was appreciated by the local residents.

Outcome: The volunteers rendered much required service to the society.



## NSS Unit A Report on nailing the Name plates

Date: 19th Aug, 20221

Venue: Coffee Board Layout Park

No. of Participants: 6 Male volunteers

3 female volunteers

<u>Objective:</u> To name the trees present in the park as to create an awareness and information about various plant and tree species of urban ecology.

The volunteers, after their class hours, accompanied the Hon. Director Dr. B.S.Srikanta and the Hon. Principal Prof. N.Asha of the college along with NSS Program Officer, Prof. Vaidyesh M.A. (Dept of Management) and the Facility Manager Mr. Srinivas to the nearby Coffee Board Layout Park.

The objective of the programme was to name the various trees in it by attesting a legible acrylic board to the trees individually. This was done to inform and educate the public about the different tree species of the park. The motto of the programme was also create awareness among the users of the park and general public in terms of its botanical name, common name herbal and medicinal properties.

Outcome: The volunteers rendered much required service to the society.



# NSS Unit A Report on SSSAK Medical Camp

Date: 28th Aug, 2022

Venue: Tapasipura Village, Kolar Dist.

No. of Participants: 08 (Boys: 4; Girls: 4)

**Objective:** To carry out a Medical Camp

The journey of all the volunteers along with 9 staff members of SSSAK started from the College Premises at 7:30 am on the morning of 28th Aug, 2022. After reaching the destination, the volunteers were guided and instructed concerning the procedure assisting the villagers in their Health Check- up Procedure. Volunteers assisted the doctors by recording the data of beneficiaries of the drive. Students learnt the parameters of Blood pressure and Blood sugar levels. They also learnt about the body mass Index and other medical related information like the difference between chronic and acute diseases.

Outcome: Volunteers understood and empathized many health problems faced by the villagers due to the lack of modern medical facilities &accessible connectivity. This survey done by SSSAK, in collaboration with the NSS wing of Sindhi College has helped the villagers' access medical services at a very minimal or also for free of cost.



## SINDHI COLLEGE

33/2B, KEMPAPURA HEBBAL BANGALORE-560024

# NSS Unit A Report on SSSAK Medical Camp

Date: 28th Aug, 2022

Venue: Tapasipura Village, Kolar Dist.

No. of Participants: 08 (Boys: 4; Girls: 4)

**Objective:** To carry out a Medical Camp

The journey of all the volunteers along with 9 staff members of SSSAK started from the College Premises at 7:30 am on the morning of 28<sup>th</sup> Aug, 2022. After reaching the destination, the volunteers were guided and instructed concerning the procedure assisting the villagers in their Health Check- up Procedure.

<u>Outcome</u>: The volunteers were successful in assisting the SSSAK Staff, The Doctors, The villagers in completing the medical camp in an organized manner. They also had exposure to many of the health problems faced by the villagers due to the lack of modern medical facilities &accessible connectivity. This survey done by SSSAK, in collaboration with the NSS wing of Sindhi College has helped the villagers' access medical services at a very minimal or also for free of cost.



Signed by: Prepared by: Prot. Vaidyesh M Affice Principal Programm€ offices 3/2B, Kempapura, Hebbal Bangalore - 560 024. SINDHI COLLEGE #33/2B Kempapura Hebba Bengaluru - 560 024 1, 6.

# NSS Unit A Report on Volunteering for Ekalavya Award Ceremony

Date: 29th Aug; 2022

Venue: Vidhan Soudha, Bengaluru

No. of Participants: 17

(Boys: 7; Girls: 10)

Objective: To assist the program organizers in the smooth conduct of the Award Function.

Organized by the Sports & Youth Affairs Dept – Govt. of Karnataka, the ceremony was about honoring the able achievers in the field of sports from the state. Bengaluru City University provided all the volunteers with the Visiting Pass to enter the function. This Award Ceremony had the presence of Dignitaries like the Hon. Chief Minister, The state sports /youth affairs minister and other officials of sports department of the state. The 17 volunteers from Sindhi College volunteered for the smooth conduct of the programme.

The Hon.CM, Sri. Basavaraj Bommai in his speech mentioned the rapid development and growth of Athletics and other sports in Karnataka and also highlighted the Government aids which are provided to the budding sportsmen. Lunch was provided by the organizers to all the volunteers and participants of the function.

The event concluded after the distribution of the prestigious "EKALAVYA AWARD" to the nominated achievers in various fields of sports like Athletics, Hockey, Table Tennis, Cricket, Badminton, Etc. by the Hon. CM of Karnataka and other Dignitaries present in the Ceremony. Through this, the volunteers learnt about the encouragement and support the government of Karnataka provides to the achievers in sports.

Outcome: Volunteers learnt the organizing skills.

## NSS Unit A Report on Volunteering for Ekalavya Award Ceremony

Date: 29th Aug; 2022

6

Venue: Vidhan Soudha, Bengaluru

No. of Participants: 17 (Boys: 7; Girls: 10)

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Outcome: Volunteers learnt the organizing skills. Prepared by: Signed by: Prof. Vaidyesh M Aifficer Prof. N. Asha Principal Programme officer 3/2B, Kempapura, Hebbai PRINCIPAL SINDHI COLLEGE #33/28 Kempapura Habbal Bangalore - 560 024. Bengaluru - 560 02-6 **(** ,



# NSS Unit A Report on deployment of volunteer for Adventure camp at Himachal pradesh

Date: 12th to 21st Sept; 2022

Venue: High Altitude Trekking and Skiing Centre, Narkanda

No. of Participants: 1 female NSS Volunteer, Sindhi College NSS Cell

Objective: To complete the 10 days adventure camp by learning various aspects of adventure activities.

Chandana K from 2<sup>nd</sup> year BCA 'A' section from our college along with 39 other volunteers were selected to go for an adventure camp from the NSS Dept.-Bengaluru City University. This is a 10 day-camp that includes several adventurous activities like Rock Climbing, Rappelling, Valley Crossing, Trekking & Jumaring that also included the Casual Evacuation and stretcher making (Long & Short distance) trainings.

Each event comprises a lecture workshop, equipment training and execution planning session. One of the interesting activities that the NSS volunteers of this camp learn is the process of KNOT TIEING and its various kinds, which is an essential element of all the above adventure activities.

Outcome: The volunteer also got to learn the process of TENT PITCHING and other technical procedures related to the above mentioned Adventures that enabled them to perform activities like Rock Climbing, Rappelling, Valley Crossing, Trekking & Jumaring.



## SINDHI COLLEGE

33/2B, KEMPAPURA HEBBAL BANGALORE-560024

#### **NSS Unit**

## A Report on deployment of volunteer for Adventure camp at Himachal pradesh

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Prepared by: Prof. Vaidyesh M A.	Signed by:
Programme officer Officer Sindhi College 33/2B, Kempapura, Hebbal Bangalore - 560 024.	PRINCIPAL SINDHI COLLEGE #33/28 Kempapura, Hobb Bengaluru - 560 024.